NEWSLETTER **DEC 2019 - JAN 2020**

MANUBHAI PATEL DENTALCOLLEGE

WORLD AIDS AWARENESS DAY

- World AIDS Day was celebrated with great enthusiasm on the 1st of December in which the faculty members and students actively participated.
- Highlights-
- §A Rangoli was prepared near the Reception area by the interns of the Department of Public Health Dentistry to spread awareness regarding the disease.
- §Faculty members of the college sported badges for the same to spread awareness.
- §Screening of patients was done at SSG Hospital in collaboration with the Association of HIV & AIDS, Alkapuri. The Universal Precautions were followed to maintain the sterilization protocol for the screening.
- §An oral health education talk was conducted for patients to help improve their oral health and hygiene.
- §Toothpaste distribution for the patients was conducted which was sponsored by Colgate.
- We congratulate the students who actively put in efforts for the success of this event!



MERRY CHRISTMAS!

The last event of 2019 was celebrated by the students and faculty with a lot of energy and fun, bidding a well-done goodbye to a year of learning and welcoming the new year with high hopes and excitement! Various events were held during the night including various games, dinner and a secret Santa surprise!



PATIENT SAFETY DAY

The Department of Periodontics celebrated the "Patient Safety Day" during which the patients were explained about the various safety measures we take in the hospital for complete sterilization and patient protection. Kudos to the department for this!



UTTARAYAN

It was a fun evening especially with our MPDCians who enjoyed this festival of kites with great excitement and happiness!

We wish that you always succeed and find happiness with fulfilling your dreams that soar as high as the Uttarayan kites!

UNIVERSITY CONVOCATION

Maharaja Krishnakumar Sinhji Bhavnagar University held a convocation on 23rd December 2019 to felicitate the graduating students of 2014-19. Along with these, Gold medals were awarded to students who secured first position in Final Year University Examination at Undergraduate and Postgraduate level. We are proud to announce that the students of Manubhai Patel Dental College,

Dr. Abhishek Shah (Postgraduation in Periodontology) Dr. Hemit Shah

(Undergraduate batch 2014-19) **Nidhi Prajapati** (Undergraduate batch 2015-20)

were awarded with gold medals and cash prizes.



We would like to congratulate them for this achievement!











BOOK REVIEW

IKIGAI – Japanese secret to a long and happy life *By Hector and Francesc* Ikigai – a reason to jump out of bed each morning. Book revolves around finding your purpose, nurturing friendships and throwing yourself into your passions. Real joy of life is in small things like make good cup of tea, playing with the pet or sleeping for 7 hours. This simple Japanese concept will help you to leave urgency and slow down in life to get into flow.
Do make it one of your first reads of 2020!

Dr. Ruchi Raval

Library Advisory Committee

PROSTHODONTICS DAY

On the occasion of National Prosthodontics Day held on 22nd January 2020, the Department of Prosthodontics organized a "One Day Denture Camp". This camp was conducted with the aim of providing complete denture to patients within a single day.

Enthusiastic participation was seen from the patients, who also gave a positive feedback for the denture camp!



71ST REPUBLIC DAY!

A heart-warming patriotic atmosphere was observed on the Sunday morning as our MPDCians gathered for the flag hoisting ceremony on the 26th of January, 2020.

The flag hoisting ceremony was graced by **Dr. Yashraj Rathod** (Head of Operations) and **Dr. Sonali Kapoor** (Dean).

Did You Know?

- A traditional Garba presentation was done on the Rajpath road this Republic Day by 150 girls from different schools from all over Gujarat!
- Total 49 children received the Pradhan Mantri Rashtriya Bal Puraskar award this year!
- Total 141 citizens of the country were awarded Padma awards this year!
- Total 1040 medals and awards were awarded to police personnel from all over the country!
- Highest number of gallantry awards were bagged by Jawans in Jammu and Kashmir, most of which are of CPRF personnel!



SMART STUDY TIPS

What is a flash card???

SAMPLE FLASH CARD

Periodontics flash card

FILIP



Ans: Saliva

- It is a note card that bears ONLY key information of a topic in form of words, numbers, or pictures.
 Interesting!!! Let's make it:
- Use cut out of coloured papers
- Write in bright colours
- card l question
- Scribe clue in the front and its lead point at the back
- Words should be large, clear and well spaced
 But how will it help???
- Quick answer Easy to remember date, formula or figure
- Fast learning Highlights only on key points
- Active recall during exams Uses visual memory
- Easy to carry Not bound to big books
- Breaks complex concepts into simple ideas
 Dr. Ruchi Raval Library Advisory Committee

Ques: What is the source of supragingival calculus?

FACULTY INTRODUCTION







Dr. Rameshwari Joshi (Department of Pedodontics and Preventive Dentistry)

Dr. Yash Katbamna (Department of Oral and Maxillofacial Surgery)

Dr. Aditi Bhatnagar (Department of Oral and Maxillofacial Surgery)

We heartily welcome you to our college!

UPCOMING

- A Street Play 'Tamaku Ni Bhavai' For Oral Cancer Public Awarness would be held by the college on 4th Feb (Tuesday) at 10 am at the GSRTC Vadodara Bus Terminal.
- 2) Department of Prosthodontics and Crown & Bridge brings to you the most awaited CDE session of the year. Smile Designing: Porcelain Laminate and Veneers by none other than Dr. Manav Kalra. Registrations are open now and for very limited seats. The CDE will broaden our horizon and change our perspective, thereby adding new dimension to our clinical practice. Date:29/02/2020 Day:Saturday

PROMOTIONS

We would like to congratulate the following staff for their promotions:





Dr Shivlal Vishnoi - Professor (Department of Periodontology and Implantology)

Dr Reema Agrawal - Assistant Professor (Department of Public Health Dentistry)

LIBRARY BUZZ

From this month onwards look forward to these 2 new things for our library!
Monthly quizzes will be kept in the library for students from 1st to 4th year. The winners will be declared near the end of the month!
The library committee has started a book review corner in the library where you can write reviews about the book or a topic you've read from a book which could help others search for what they're looking for easily!
The winners for the January 2020 Library Quiz are: 1st year – Mahek Raderiya (784)

- 3rd year Drashti Kaloliya (691)
- 4th year Parita Dave (646)

RESEARCHES AND ARTICLES

1. PERIODONTICS & IMPLANTOLOGY

Gaurav Bakutra, Grishma Patel, Sarath Chandran, Shivlal Vishnoi, Priyadarshini Nadig, Ruchi Raval. Effects of full mouth disinfection procedure and doxycycline on the HbAlclevels among patients of moderate chronic periodontitis with type II diabetes mellitus: A randomised controlled clinical trial. International Journal of Dental Science and Innovative Research (IJDSIR). Volume – 2, Issue – 6, November - December - 2019, Page No.: 510–517

2. PROSTHODONTICS & CROWN AND BRIDGE AND ORAL & MAXILLOFACIAL SURGERY

Dr. Deeksha Gupta, Dr Tanay Dhopte, Dr Rahul Thakkur, Dr N J Nirmal.

Orbital Rehabilitation of Patient With Adenoid Cystic Carcinoma Of Nasal Cavity. A Case Report. International Journal of Dental Science and Innovative Research (IJDSIR). Volume – 2, Issue – 6, November - December - 2019, Page No.: 760 – 763

3. PROSTHODONTICS & CROWN AND BRIDGE

Lokwani BV, Gupta D, Agrawal RS, Mehta S, Nirmal NJ. The use of concentrated growth factor in dental implantology: A systematic review.

J Indian Prosthodont Soc 2020;20:3-10.

4. ORAL PATHOLOGY & MICROBIOLOGY

Vanjani MV, Phulari RG, Rathore R.

Evaluation of relationship between serum homocysteine and Vitamin B12 levels in oral submucous fibrosis patients using chemiluminescence immunoassay.

J Oral Maxillofac Pathol 2019;23:363-8.

5. ORAL PATHOLOGY & MICROBIOLOGY

Vanjani MV, Phulari RGS, et al.

Comparative Evaluation of Angiogenesis in Metastatic and Nonmetastatic Cases of Oral Squamous Cell Carcinoma: A Morphometric Analysis.

Oral Maxillofac Patho J 2019;10(2):61-67.

6. ORAL PATHOLOGY & MICROBIOLOGY

Shah Arpan K, *Phulari Rashmi G S*, *Rathore Rajendrasinh S*, *Desai Aditi, Bhayani Vishwa*. Home remedies used for toothache: An institutional survey in a dental hospital at Vadodara, India. International Journal of Dental Science and Innovative Research (IJDSIR). Volume – 2, Issue – 6, November - December - 2019, Page No.: 348–353

Presented by the Newsletter team: Srushti (Editor) Kena (Correspondent) Miral (Photography) Aziz (Designer)